



DERWENT VALLEY MEDICAL PRACTICE NEWSLETTER

DEC 2023



Sitwell Street 01332 673905

St Marks 01332 224588

Meet the Team

Health Care Assistants (HCA)

A Health Care Assistant's role within the setting of General Practice is to help with the monitoring and assessment of patients through various means. That could be tests such as phlebotomy, ECGs, NHS health checks/Annual review pre checks and BP measurements. They offer follow up care in the form of wound dressings and suture removal. HCA's can also administer certain vaccinations and injectables.



Linda

24 HR BP monitoring
Doppler Studies



Carly

Retinopathy
Doppler Studies

What's New MOL

The MOL (**Medicine Order Line**) now have an online system available for you to order your repeat prescription. Please complete your request at www.derbyshiremol.nhs.uk



If you prefer to order your prescriptions by telephone you can continue to contact them on 01246 588860 or 0115 8550260



[Medicine Order Line \(MOL\) » Joined Up Care Derbyshire](#) for more information.

Remember you can also order your medication via the NHS app.

The NHS App is available on iOS and Android:



Health Promotion Sexual Health awareness.

Sexually transmitted infections (STIs) are a major public health concern. STIs are often considered to be stigmatising and may seriously impact the health and wellbeing of affected individuals. If left undiagnosed and untreated, common STIs may cause complications and long-term health problems, order a test online at

yoursexualhealthmatters.org.uk



1st December is world aids awareness day. In the UK, more than 105,000 people are living with HIV. Globally, an estimated 38 million people live with the virus. Medical advances mean people with HIV in the UK can expect a long and healthy life, but testing, reducing transmission, and breaking the stigma is important learn more [About - World AIDS Day](#)



In the UK the most diagnosed STIs were chlamydia (49% of all new STI diagnoses) first episode genital warts (13%), gonorrhoea (13%) first episode genital herpes (8%) For further information visit:

- Derby sexual health clinic [Home \(yoursexualhealthmatters.org.uk\)](http://yoursexualhealthmatters.org.uk)
- National sexual health helpline - 0300 123 7123. Your call will be treated with sensitivity and in strict confidence. The Sexual Health Helpline is open from 9am-8pm Monday to Friday and 11am-4pm on weekends.
- [NHS.UK Sexual health - NHS \(www.nhs.uk\)](http://www.nhs.uk)
- [Terrence Higgins Trust](http://tth.org.uk) (for sexual health and HIV) [HIV and sexual health | Terrence Higgins Trust \(tth.org.uk\)](http://HIVandsexualhealth.TerrenceHigginsTrust.org.uk)
- [Sexwise STIs - Sexually Transmitted Infections - Sexwise](http://sexwise.org.uk)
- [British HIV Association](http://britishhivassociation.org.uk)



DVMP staff managed to collect an incredible **137** **Advent calendars** between them in an act of generosity for this charity. Here's hoping this brings joy to some of the most disadvantaged children in the community. Well done everyone!!



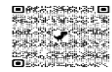
www.doorwaysderby.org



Community Action Derby alongside Derby City Council & Department for Work & Pensions is offering support with the ongoing cost of living crisis, by providing warm spaces for residents to enjoy a hot meal and a drink and get assistance with the issues that matter to them. This could be help with online applications, receiving energy vouchers or signposting to other sources of help.

Available in **Chaddesden** at St Phillips Church (Weds/Thurs 10.30-1.00) & Age UK, Chaddesden Park (Fri 10.00-12.00) and in **Spondon** at Community Care Hub, Craddock Avenue (Tues 11.30-4.00).

Scan QR code for more information



If you are over 55 years of age, and experiencing feelings of loneliness or isolation, Age UK offer a 24/7 telephone befriending service on [0800 4 70 80 90](tel:08004708090).

Do you have 4 hours spare per week? Could you volunteer to have a chat with a vulnerable member of the community? More details here:

<https://www.ageuk.org.uk/get-involved/volunteer/telephone-friend/>

Christmas & New year opening

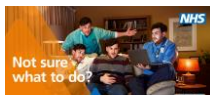


We will be closed for Christmas from 22nd Dec 18.30 and reopen 27th Dec 08.00

We will also be closed for New year from 29th Dec 18.30 and reopen on 2nd Jan 08.00

You can access out of hours services during this time by contacting or attending.

NHS 111



Your Local pharmacy



Urgent treatment centre, Derby Urgent Treatment Centre, Entrance C, Osmaston Road, Derby, DE1 2GD



Accident & Emergency Department, Uttoxeter Road, Derby, DE22 8NE, Nearest entrance: 9



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